

Qi Gong Healers Seminars 2010

with Lisa B. O'Shea



Chapel Hill Beginning Qi Healers Class of 2008

Immerse yourself in the experience of learning to be well, and to offer healing to others...

In these seminars, people from around the country gather in a friendly, supportive environment to explore deep healing without the distractions of daily life.



Lisa B. O'Shea is a Certified Qi Gong Therapist, teacher, and founder of the Qi Gong Institute of Rochester (NY), where she offers classes and seminars in Qi Gong, Taijiquan, Nutrition, and a certification program in Qi Gong Therapy. Most recently she has become an Approved Provider for the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB #451188-09) and now offers Continuing Education Hours for her courses. For further information on her programs, go to: qigongrochester.com

Beginning Qi Gong Healers Seminar*

June 4-6, 2010 in Chapel Hill, NC



Friday June 4, 7:00-9:00 pm;
Saturday & Sunday, June 5-6, 9:00 am-6:00 pm

Location: Balanced Movement Studio, 304 W. Weaver Street, Carrboro NC (balanced-movement.com)

***16 Continuing Ed. Hours (NCBTMB)**

No prior experience needed! We'll cover the following
Qi Gong healers techniques:

Scanning
Qi Pulsing
Fragrance Qi Gong
12 Meridians

Pulling
Sending Energy
Rising Lotus Medical Qi Gong
24 Acupuncture Points
Inner Smile Meditation

Combing
Six Healing Sounds Qi Gong
Five Elements Theory
Dantian Meditation

Registration Fee: \$275.

To reserve your place, mail the **Registration Form** (last page) with check for full fee to:

Dr. Jay Dunbar
15 Timberlyne Road
Chapel Hill NC 27514

Early-Bird Registration (by April 16)

receives a Free 2-hour DVD of all Qi Gong forms taught plus Taijiquan (\$40 value).

Registration by May 17 is appreciated.

Questions or further information, call Dr. Jay at
919-968-3936 or email: drjay@magictortoise.com

Intermediate Qi Gong Healers Seminar*

(formerly known as the "Advanced Qi Gong Healers Seminar")

June 11-13, 2010 in Chapel Hill, NC



Friday June 11, 6:00-9:00 pm;
Saturday & Sunday, June 12-13, 9:00 am-6:00 pm

Location: Balanced Movement Studio, 304 W. Weaver Street, Carrboro NC (balanced-movement.com)

***17 Continuing Ed. Hours (NCBTMB)**

Pre-requisite: Beginning Qi Gong Healers Seminar.
We'll cover the following Qi Gong healers techniques:

Buddha Palm
Vessel Orbits
Microcosmic Orbit

Energy Massage
Joint Work
12 Meridian Meditation

Neck and Ear Techniques
Four Seasons Qi Gong
36 Acupuncture Points

Registration Fee: \$350.

To reserve your place, mail the **Registration Form** (last page) with check for full fee to:

Dr. Jay Dunbar
15 Timberlyne Road
Chapel Hill NC 27514

Early-Bird Registration (by April 16)

receives a Free 2-hour DVD of all Qi Gong forms taught plus Taijiquan (\$40 value).

Registration by May 17 is appreciated.

Questions or further information, call Dr. Jay at
919-968-3936 or email: drjay@magictortoise.com



2010 North Carolina Qi Gong Healers Seminars

Name: _____

Home Phone # _____

Cell Phone # _____

Work Phone # _____

Email: _____

Address: _____

City/State: _____ Zip: _____

Seminar registration by May 17th is appreciated and early registration is recommended. No refund can be offered if cancellation occurs after May 31. Cancellations on or before May 31 may be eligible for a full refund if the space can be filled, or half refund if space is not filled. No exceptions. Registration requires payment in full.

I am registering for:

Beginning Qi Gong Healers Seminar Registration: \$275 _____

Intermediate Qi Gong Healers Seminar Registration: \$350 _____
(formerly known as the "Advanced Qi Gong Healers Seminar")

Subtract 10% from the fee of any seminar you have previously taken _____

Payment Enclosed: _____

Please make check payable to **"Magic Tortoise"** and mail to:

**Dr. Jay Dunbar
15 Timberlyne Road
Chapel Hill NC 27514-1522**

Please call if you need to make other payment arrangements, 919-968-3936.

Email: drjay@magictortoise.com