

Chinese Brush Calligraphy Classes

Taught by TaiQi instructor, LaoMa



Chinese brush calligraphy is an excellent practice for the cultivation of mindfulness. It is often taught in conjunction with TaiQi and QiGong. This class is appropriate for artists, students of TaiQi and QiGong, and anyone wanting to develop concentration and mindfulness.

LaoMa is the senior teacher with the Magic Tortoise Taijiquan School in the Triangle area of North Carolina. He has practiced Chinese arts for almost four decades.

Where:

Studio of Emily Whittle
4 Pine Crest Dr.
Whispering Pines, NC 28327

When:

Starting Wednesday, September 18, 2013
11 a.m.- 1 p.m.
Class will meet every other week for a total of seven classes.
(Sept. 18, Oct. 2, Oct. 16, Oct. 30, Nov. 13, Dec. 11)
If interest is high, we will resume classes in January.

Cost: \$175 for seven classes

Materials:

Can be purchased at first class or you can bring your own.
You will need a good Chinese brush, sumi ink, ink stone and practice paper.

No prior experience necessary.

To register and for more information call:

Emily Whittle at 910-949-2623 or email: emilywhittle@centurylink.net
Space is limited.